

**Biennial International Congress on Mental Health 2024 (BICOMH)**  
***Building Bridges for an Effective Mental Health Ecosystem***

The International Society of Addiction Medicine Regional Conference 2024 (ISAM)  
 21 – 22 November 2024, Singapore | One Farrer Hotel, Singapore  
***Fostering Community Support for Behavioural Addiction Recovery.***  
 Programme Day 1

**Note: Programme subjected to changes**

Time	Ballroom 1	Ballroom 2	Meeting Rooms
9.00	Opening Address by <b>Adj A/Prof Lee Cheng</b> , Institute of Mental Health & <b>Prof Marc Potenza</b> , Yale School of Medicine		
9.30	Keynote Address - <b>Keynote Address: Co-occurrences and intersections: the complexities of behavioural addictions</b> <b>Prof Marc Potenza</b> , Yale School of Medicine		
10.00	AM Teabreak		
10.45	Plenary 1 - <b>Advances in Reducing Gambling Disorder</b> <b>Prof David Hodgins</b> , University of Calgary		
11.30	Plenary 2 - <b>Developmental, jurisdictional and policy considerations regarding compulsive sexual behaviours and pornography use</b> <b>Prof Marc Potenza</b> , Yale School of Medicine		
12.15	Lunch		
	<b>TRACK 1 DETECTION AND EARLY INTERVENTION</b>	<b>TRACK 2 TREATMENT &amp; RELAPSE PREVENTION</b>	<b>TRACK 3 RESEARCH &amp; POLICIES</b>
1.45	T1 Session 1 Chair: Dr Melvyn Zhang Weibin  <b>1. Case Study of Behavioural Addiction with Comorbid Condition: Managing Pathological Gambling with Bipolar</b> <b>Dr Eliza Yong Tze Yi</b> , National Addictions Management Service  <b>2. Overview of Gaming Disorder</b> <b>Dr Melvyn Zhang Weibin</b> , National Addictions Management Service	T2 Session 1 Chair: Naseera Banu  <b>1. Experience of Counselling Problem Gamblers in Singapore</b> <b>Ms Naseera Banu D/O Mohamed Jahabar Oli</b> , National Addictions Management Service  <b>2. Gaming &amp; Social Media (TBC)</b> <b>Dr Munidasa Winslow</b> , Promises Healthcare	T3 Session 1 Chair: Dr Mohamed Zakir Karuvelil  <b>1. Unlocking Insights: Recent Advances in Gaming Research and Policy</b> <b>Dr Kristiana Siste</b> , Dr. Cipto Mangunkusumo General Hospital - Faculty of Medicine, Universitas Indonesia  <b>2. Impact of Behavioural Addictions on Mental Health (TBC)</b> <b>Dr Mohamed Zakir Karuvelil</b> , National Addictions Management Service
3.15	PM Teabreak		

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	<b>TRACK 1 DETECTION AND EARLY INTERVENTION</b>	<b>TRACK 2 TREATMENT RESISTANCE</b>	<b>TRACK 3 RELAPSE PREVENTION</b>
3.45	<p>T1 Session 2</p> <p><b>1. Growing up in a digital world</b>  <b>Ms Evelyn Goh Yi Lin, National Addictions Management Service</b></p> <p><b>2. Compulsive Sexual Behavioural disorder [CSBD], a valid diagnosis? Findings from a retrospective audit of clinical notes at NAMS</b>  <b>Dr Gomathinayagam Kandasami, National Addictions Management Service</b></p>	<p>T2 Session 2</p> <p><b>1. Going into recovery with Compulsive sexual behaviours, an old drug</b>  <b>Mr SB Viknesan, National Addictions Management Service</b></p> <p><b>2. Behavioural addiction related programmes at WeCare (TBC)</b>  <b>Mr Leslie Goh, WE CARE Community Services</b></p> <p><b>3. Behavioural addiction related programmes/ services: CyberWellness and Help123</b>  <b>Mr Daniel Wong, Touch Community Services</b></p>	<p>T3 Session 2</p> <p><b>1. Economic &amp; Societal Implications of Behaviour Addictions (TBC)</b>  <b>Dr Jeremy Lim, Amili</b></p> <p><b>2. Legality of Behaviour Addictions</b>  <b>Dr Christopher Cheok, Institute of Mental Health</b></p>
5.15	End of Day 1		

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**Programme Day 2**

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Time	Ballroom 1	Ballroom 2	Meeting Rooms
9.00	Plenary 3 - <b>The correlates of gaming disorder &amp; other psychiatric conditions and DBT program</b> <b>Dr Kristiana Siste, Dr. Cipto Mangunkusumo General Hospital - Faculty of Medicine, Universitas Indonesia</b>		
9.45	Plenary 4 <b>Prof Anise M. S. Wu, University of Macau</b>		
10.30	AM Teabreak		
	<b>TRACK 4 SCREEN TIME &amp; GAMING DISORDER IN SINGAPORE</b>	<b>TRACK 5 IMPACTS OF GAMING DISORDER</b>	<b>TRACK 6A INTERVENTIONS FOR GAMING DISORDER</b>
11.00	T4 Session 1 Chair: Dr Mohamed Zakir Karuvelil  <b>1. Unlocking Lootboxes: Understanding the impact of gaming on child brain development</b> <b>Dr Serenella Tolomeo, Institute of High Performance Computing, A*STAR</b>  <b>2. Prevalence of gaming disorder in Young Adults/ University population (TBC)</b> <b>Prof Peter Chew, James Cook University, Singapore</b>	T5 Session 1 Chair: Naseera Banu  <b>1. Summary of research finding in 'New Media and Learning in the 21st Century: A socio-cultural perspective' (TBC)</b> <b>A/Prof Hyekyung Choo, National University of Singapore</b>  <b>2. Understanding the lives of problem gamers (TBC)</b> <b>Asst Prof Jing Shi, Singapore Institute of Technology</b>	T6 Session 1 Chair: Dr Melvyn Zhang Weibin  <b>1. Digital Mindset</b> <b>Ms Anita Low-Lim, Touch Community Services</b>  <b>2. NAMS Program</b> <b>Dr Melvyn Zhang Weibin, National Addictions Management Service</b>  <b>3. Adolescent and parents' perspectives about gaming disorder intervention (TBC)</b> <b>A/Prof Hyekyung Choo, National University of Singapore</b>
12.30	Lunch		Registration for Public Forum
2.00	<b>Fireside Chat: What addiction issues are our youth facing?</b> Panel discussion that includes youth leaders, teachers, and school counsellors.		Public Forum Navigating Screen Time: Supporting Healthy Digital Habits for Children
3.00	PM Teabreak		
3.30	Summary & Key Highlights of the Conference		
4.00	End of ISAM 2024		