

## 2021 GENERAL ASSEMBLY AGENDA

November 21, 2021 (1-2 PM EST)

Join Zoom Meeting: <https://us02web.zoom.us/j/86973571131?pwd=WUIPR3BNV1Q0UDkzT3pUVXJkTXZUUT09>

Meeting ID: 869 7357 1131

Passcode: 528694

### AGENDA

1. Call to order by ISAM President Alex Baldacchino 3 min
  - New ISAM Board of Directors
    - i. Membership & Affiliates Societies Officer: A Ambekar
    - ii. Treasurer: Yasser Khazaal
  - Thank you to Treasurer R Khan who has finished his term
2. Adoption of Minutes from ISAM 2020 virtual (Appendix 1) 3 min
3. ISAM Executive Officers' Reports (Appendix 2) 15 min
  - President –
  - Past Immediate President
  - President-Elect
  - Treasurer
4. Finances: M. Dorozio - Appointment of Auditors & Financial Summary (Appendix 3) 5 min
5. Constitutional change: Honorary membership to ISAM Past Presidents 5 min
6. ISAM Regional Council Update 5 min
7. Annual Global Congress: 10 min
  - a. 2021: Virtual Congress - update
  - b. 2022: Valletta, Malta
  - c. 2023: Marrakesh, Morocco
8. International Certification Exam – N. el-Guebaly/K Brady 5 min
9. Evaluations online 3 min
10. Suggestions from members 5 min
11. Adjournment

### FOR INFORMATION

- Registration bursary awardees and NIDA awardees 2021 (Appendix 4)

## **Appendix1: ISAM Annual General Meeting, virtual 2020**

31 attendees

Call to order by President Kathleen Brady

First order of business to acknowledge and thank sister organization CSAM-SMCA for allowing us to have a joint meeting for 2020.

Motion by A Baldacchino, seconded by R Khan to accept the Minutes of ISAM 2019 Delhi which were accessible for all members on the ISAM webpages. Carried.

Welcome to:

- New Board members Shalini Arunogiri, Australia - who will be chairing the Training Committee.
- And to Susanna Galea, New Zealand - who will be chairing the Education Committee
- Welcome to new President Alex Baldacchino who is bringing good ideas and energy.
- Welcome Hamad AlGhaferi as President-Elect who will now be joining the Executive Team and who brings a positive worldwide relationships.
- Thank you to Past President Greg Bunt who will remain involved with the Regional Council and on the past President Council.
- Thank you, too, to Henrietta Bowden-Jones who will not be returning for a second term due to increased obligations. There will thus be a vacancy for the Membership Officer which will be posted.
- Thank you to Kathleen Brady for all her work and commitment during her term as President.

Financial Matters:

- The Notice to Reader Financial Statements for 2019 have been on the webpages for the membership since June.
- Motion by Shalini, seconded by Greg to accept the 2019 Financial Statements. Carried.
- Motion by Greg, seconded by Riaz to retain BDO Dunwoody as accountants for 2020. Carried.

Meeting Updates:

- 2020: Thank you to P Sobey and J Brasch and the CSAM Committee for all the work. 802 registrations
- 2021 – Launched a survey last week  
Dates Sept 28-Oct 1, 2021  
The LOC has Plan B (hybrid) and Plan C (virtual) in the wings  
Announcing support from the government for the conference that will keep the registration down for attendees  
Last item was to virtually Pass The ISAM Flag to Alfred Grixti for ISAM 2021 Valletta

Committees and Interest Groups:

- Dr. Roshan Bhad is the elected Chair for the newly established ISAM NExT Committee for early career professionals
- Introducing the Practice and Policy Interest group – blurb read out on their survey and their activities.
- Introducing the Philosophy, Anthropology and Human Sciences Interest Group

2020 Bursary Awardees:

- In place of the 2 NIDA grants-in-aid-of-travel – this year registration bursaries were offered for the virtual conference. 10 of these were awarded
- The Alberta Medical Association (AMA) Section of Addiction Medicine also sponsored 9 trainees/residents from both the University of Calgary and the University of Edmonton.

Reports from the Officers:

- Textbook:
  - 2<sup>nd</sup> edition with 220 authors from 25 countries
  - Publication January 2021
  - Discount for conference registrants till Dec 31 and the only the discounts for ISAM and affiliate society members
  - Alex Badacchino will spearhead the 3<sup>rd</sup> edition
  
- Certification Examination:
  - Last exam sitting was Oct 24 with 32 attendees
  - Questions about doing exam electronically always occur and we want to make everyone aware of the glitch with Prometrics were exam responses were lost for 9 that took the exam
  
- Membership
  - Currently 191 individual members
  - Over 10,000 affiliate members
  - New categories for membership have been accepted and will soon be sent out to the membership for information
  
- Education and Training
  - now two committees and looking for interested members
  - Shalini Arunogiri will chair the Training committee with Cor de Jong and Susanna Galea-Singer will chair the Education committee and a co-chair will be selected.
  
- Publication:
  - A Publication Policy has been accepted outlining the process for seeking endorsement of a publication under the ISAM banner
  
- International Relations:
  - This the past year work had been done linking ISAM with activities with other organization like the WHO, UNODC, NRC
  - The agreement between ISAM and the NRC for project funding is being re-submitted
  - One of the key feature for collaboration is the creation of an International Research Award
  
- Communication and Webpages:
  - The newly created Communication Committee will coordinate and amplify communication
  - The new ISAM webpages will be coming live soon
  - Please send photos and news/updates
  - A Liaison will be selected to work with the Newsletter Committee
  - A Liaison will be selected to work with Social Media
  - Thanks to Shalini for spearheading the twitter account but she is stepping down.
  
- Regional Council
  - Currently there are 17 ISAM Category I Affiliate societies/organizations
  - There are a further 8 in process
  - New Terms of reference are being established for the Regional Council

Adjournment

## Appendix 2: Officer Reports

### **ISAM President End of Year Report 2020-2021**

In spite of the challenges imposed on us all, ISAM has grasped this hiatus to social distancing and travel restrictions to support growth within the organisations as per ISAM's 5 year strategy and enhance its governance structures. During my acceptance speech at the 2020 Annual General Meeting I mentioned ISAM's core values that focus around the importance of sustaining innovation, clinical excellence, continuous professional development, mutual respect to differing and perhaps polarised views, collaboration and, last but not least, understanding and appreciating interdependence of humanity, cultures, and the natural environment and understanding that diversity includes not only ways of being but also ways of knowing.

These core values sustained ISAM's vision in the last year in order to sustain an international organisation that is welcoming, informative, outward looking, enterprising and fun to be part of.

The following are some of many activities that have been sustained, introduced and/or improved since we last 'met' in 2020.

- Organising ISAM2021 Congress from the ISAM Office and not through a country specific Local Organising Committees
- Consolidation and growth of the ISAM Regional Council
- Exploring future use of online platforms to the ISAM Exam
- Publication of the 2<sup>nd</sup> Edition of the ISAM Textbook
- International representation (virtually) to meetings in Switzerland, Indonesia, Turkey, Argentina, USA, Norway, Portugal, Malta, Belgium and many others
- Approval of 5 new ISAM Affiliated Societies and Organisations and establishing initial links to 5 other potential interested parties
- Establishment of ISAM Global Expert Network (GEN)
- Establishing Past President Council
- Consolidating Terms of Reference to all ISAM Groupings
- Consolidating Information, ethical and other governance structures
- Improve financial and other probity aspects of the organisation
- Establishing a process to attract sponsors to invest in ISAM
- Formalising our collaboration with EMCDDA, ISSUP and many others
- Peer reviewed publications
- Clarity around role specifications to all ISAM BOD officers
- Regular free webinars organised by ISAM Interest Groups and ISAM NeXT
- Consolidation of social media feeds. Example Twitter over 1000 followers
- Launch of the new ISAM Website

Above are just some of the many ISAM exciting initiatives and activities. The foreseeable future looks like that we will be able to have a face to face global congress in Malta in October 2022 but I am sure ISAM will yet again be tasked to look at supporting different working and delivery models to all the current core activities and others that will be organised in collaboration with our international partners, affiliated societies and individual members. 2021-2022 will certainly be a period of consolidation.

Last but not least can I thank Marilyn Dorozio, ISAM Administrator for her unending devotion to ISAM. In spite of major surgery and family bereavement Marilyn has soldiered on; taking on not only the task of supporting the ISAM BOD but also supporting ISAM GEN, ISAM NeXT, ISAM Committee and Interest Groups, ISAM Exam, ISAM Textbook and many many others ISAM regular commitments. To top this up Marilyn has singlehandedly co-ordinated ISAM2021 Virtual Congress with all its myriad of minor and major tasks that this entails.

## **Past President report:**

Past Presidents council met in August, 2021.

Began with a report on annual meeting, upcoming meetings and discussion of latest undertakings of ISAM including the Special Interest Groups and the increased activity of the Regional Council. Discussed the mission of the Past Presidents Council to support the organization, take “marching orders” from the Board as well as taking on new initiatives as approved by the Board. The group agreed on criteria for Distinguished Fellows of ISAM and forwarded these to the Board for approval. This group would also like to be involved in planning activities for the 25<sup>th</sup> anniversary meeting in 2024. The group will look to the Board for projects to focus on. Next meeting January, 2022. The group will meet 2-3 times per year, depending on activities undertaken.

## **2021 President Elect Report and International Liaison Officer Report - H AlGhaferi**

- **Meeting with HE Dr Ghada Wally, UNODC DG November 1<sup>st</sup> 2021.**
  - Approved to work with NRC and its associated NGO (ISAM) for Gap Analysis for the need in Africa according to the interest of African countries for capacity building.
  - I did explain the role of ISAM internationally and its distribution worldwide.
  - Next step to coordinate with the regional office of UNODC to create a proposal for the needs.
- **Working with many day-to-day projects like:**
  - ISAM NEXT and the Regional Council
  - Finalizing internal policies.
  - Working in formulating a Fund-raising format.
  - Pfizer grant contract finalization with NRC
- **ISAM Strategy:** Hamad to formulate a team working in updating the ISAM Strategy.
- **Contact with some of the international potential partners to work in collaboration or to join our network like:**
  - Continued discussion with WHO/UNODC.
  - North Africa: Countries of North Africa, Jordan, Egypt, Iraq and Sudan.
  - Middle East:
    - Iraq: Contact with Dr Hasnawi for the Iraqi medical associations.
    - Sudan: Contact with Sudan Beit makly association.
    - Jordan: Contact with Dr Jamal Annani
    - Egypt: Dr Tarek Gawad to re initiate the contact.
  - Finalizing ICUDDR MOU.
  - Still working in ISSUP MOU.
- **Proposed a project to consider the NRC as an ISAM Certificate examination centre.**

## **ISAM Treasurer End of Year Report 2020-2021 – Dr. Riaz Khan**

The global challenges faced during the pandemic have been herculean in their impact on our way of life. Its consequences on how face to face meetings have, lead the individuals and the organisation like ours to adapt to a new norm and to embrace the challenge as an opportunity resulting from the pandemic. ISAM's financial vulnerability and sustainability, I believe, were further revealed during the crisis. However, I believe ISAM was very quick under its current leadership to respond to the challenge.

Having said this, a working document on the financial objectives was validated by the executive board and remains a document of reference for the financial auditing and sustainability of the organization.

My next role as head of the finance committee will be to support my colleague, the new treasurer, in establishing a viable business plan and financial forecasts for the organisation.

Some potential revenue generating streams are mentioned as follows.

I believe firmly that we need to increase the financial contributions by the local organising committee to 20% as of 2023. The workload for the board largely warrants this increase considering the experts discussing this and their hourly rate if they were working in the private sector.

We need to tap into sustainable grants from government and non-governmental entities with the mission of serving the public health issues of addictions in their respective jurisdictions.

This collaboration could be considered an opportunity for ISAM and these entities to create synergies in delivering addiction medicine healthcare and helping to create a critical mass of trained individuals for this monumental and destigmatised public health challenge. This will help not only create more visibility of our organization but also its financial sustainability.

ISAM should look to further revenue generating streams such as creating procedures, policies upon mandate from governmental and non- governmental entities operating in the field of addiction medicine. ISAM possess' all the expertise that is required, for the above mentioned services in a pragmatic and realistic manner and has very little bureaucratic hurdles compared to other organisations.

I would also like to remind here that we need active reminders regarding our members concerning their dues, I believe we need a system that follows more actively the membership fees payment. Currently if the member does not pay the annual dues, he may have forgotten it perhaps, but we also as an organisation are failing to send a reminder to ensure his loyalty to ISAM. Can we afford not to have loyalty from our members?

Finally, I would like to confirm that the 10,000\$ from my personal professional budget have been confirmed to be released in two tranches, one end November and the other end December. It took a lot of justifications and persuasion on my behalf to get these funds irrevocably released. I am glad that the objective has been achieved and I have been able to fulfil my commitment and pledge in this regard towards ISAM.

#### **ISAM Communications Committee Report** – Helena Hansen, Co-Chair

Co-Chair: Marica Ferri (Portugal, Head of Support to Practice, EMCDDA)

#### **Members and assignments:**

Hossein Mohades Ardabili (Early Career MD in Iran. ISAM NEXt: Twitter and LinkedIn)

Tomohiro Shirasaka (Japan. Director of Psychiatry, Teine Keijinkai Medical Center): Regional Council updates

Joseph Tay Wee Teck (UK Glasgow MD/Harm Reduction and Policy Researcher): Visual communications

Sarah Namirembe (Uganda, psychologist/researcher and service user): Website

Fatima Elomari (Morocco, University Psychiatric Hospital): Newsletter or its replacement

#### ***Ongoing Activities***

The Communications committee continues to meet monthly. Social Media continues to be its strongest communication method thanks to Hossein Mohades and ISAM NEXt communications committee members (on Twitter and LinkedIn).

The Committee is still seeking a member who can update the ISAM Facebook page, preferably in Latin America since this continent is not currently represented.

**Translation/Interpretation** remains an acute need to optimize communications with ISAM members and to encourage growth in membership in parts of the world in which English is not the default professional lingua franca (e.g. Latin America).

#### **Future Form of the ISAM Newsletter**

The Newsletter has not been produced in a year and several ISAM members and communications committee members have proposed that it be replaced with a social media and website-based quarterly updates – this was approved by the board in September. Website posts can be announced with emails to ISAM member listserv that includes a link to the website post.

The **quarterly** short (1 page) report with **highlights from social media and announcement of upcoming events** for the ISAM website and social media platforms, with help from Hossein and Sarah of the communications committee in circulating

to social media and website respectively. The newsletter committee will help populate and will approve content for these quarterly posts.

### **2021 Membership & Affiliate Officer Report - Atul Ambekar**

- Following national societies / organisations join as affiliates with ISAM:
  - Malaysia: Addiction Medicine Association of Malaysia - (AMAM)
  - Singapore: Home - National Addictions Management Service (NAMS)
- Regional Symposium at ISAM 2021 with representatives from: Bangladesh, India, Myanmar, Sri Lanka, Thailand
- Preliminary discussion about potential affiliation of national societies: Bangladesh, Myanmar, Sri Lanka, Thailand
- A standard procedure document outlining steps of affiliation of a society / organization – Work in Progress

### **2021 Publication Committee Report – M Potenza**

- Organized and Convened Publications Committee
- Committee Members Include Co-Chairs Geert Dom (Belgium) and Marc Potenza (USA) and Other Members (Philippe De Timary (Belgium), Hamed Ekhtiari (USA), Nady el-Guebaly (Canada), Hussein Elkholy (Egypt/Scotland; ISAM NeXT member), Eva Hoch (Germany), Susana Jiminez-Murcia (Spain), Dan Lubman (Australia), Icro Maremmanni (Italy), Ismene Petrakis (USA), Arnt Schellekens (Netherlands))
- Published ISAM/CSAM 2020 Joint Conference Overview, Selected Abstracts with Nady el-Guebaly in Substance Abuse journal
- Published ISAM/CSAM 2020 Conference Selected Abstracts in Canadian Journal of Addictions
- Additional ISAM Publication Efforts in Frontiers in Psychiatry (Global Surveys), BJPsych International (Including Work by ISAM NeXT), Substance Abuse journal (Spirituality Interest Group Position Paper), and Lancet Psychiatry (Displaced Populations)
- Working with ISAM GEN to Follow Up on World Surveys
- Exploring Editorial Publication with Selected Abstracts in Drug and Alcohol Dependence, Closer Collaborative Work with the College on Problems of Drug Dependence
- Publication of Selected Abstracts in Line with Renewed R13 Grant from NIDA Supporting ISAM Conferences, Managed Via ASAM

### **ISAM Education Committee Progress Report - Susanna Galea-Singer**

#### **Strategic objectives & action:**

1. Global approach to addiction medicine undergraduate and postgraduate education programmes:  
Education symposium at ISAM 2021 Virtual Congress bringing together international experts considering how current education programmes need to change to equip professionals with skills, knowledge and attitudes fit for the future.
2. Standards for addiction medicine undergraduate and postgraduate education programmes:  
Education symposium at ISAM 2021 Virtual Congress bringing together international experts to discuss minimum standards.
3. Establish links with members of the Colombo plan: Collaborative symposium with ISSUP & ICUDDR.

### **2021 Training Committee Report ISAM Training Committee- Brief Report (Nov 2021)**

#### **Co-Chairs Cornelis de Jong, Shalini Arunogiri**

- The ISAM Training Committee's key focus in 2021 has been to support the evolution of the shared Education and Training Committee into two separate and distinct groups. This has involved clarifying the vision, work plan and strategic focus of Training, as compared to Education.

- A new Terms of Reference document has been drafted to support this key change and has been submitted for Board of Directors approval (18 Nov 2021 Board of Directors meeting).
- The new vision will be shared with the combined membership of the Training and Education Committees following the virtual congress (24 Nov 2021), allowing existing members to sign up to each/both committees. Subsequent to this meeting, the Training Committee will continue to grow membership and seek new members across international regions, in collaboration with the Regional Council and ISAM NEXT.
- Another key activity has been the Training Needs Assessment Survey. Led by Cornelis de Jong, this activity aims to scope the Training Needs of doctors training in addiction internationally. We are currently discussing the potential to collaborate with ISAM GEN (Global Expert Network) on this activity, to support delivery of the survey to a broad and representative group of global addiction professionals.
- The Training Committee has also supported two symposia at the upcoming virtual congress
  - Symposium 1: Education and Training in Addiction Medicine During COVID-19
  - Symposium 2: Pivoting During the Pandemic: Sharing Experiences of Online Addiction Medicine Training

## 2021 Chief Examiner and Editor Report – N el-Guebaly & K Brady

### ISAM Certification Examination

The 2021 exam was held in Toronto, Oct 2, 2021 for 11 attendees with 9 passes

Online examination platform – Because so much professional activity moved to the virtual realm as a result of the COVID-19 pandemic, we decided to investigate the possibility of remote conduct for the ISAM Certification Exam. This would allow for the examination to be given more than once per year and could save individuals time and expense in travel to take the examination – possibly 2 sittings – UAE and Egypt in May in conjunction with a meeting.

For the foreseeable future a hybrid model is being contemplated (during the ISAM and CSAM conferences)

## 2021 ISAM NExT report – R. Bhad

### A. ISAM NExT presence at ISAM 2021 Virtual Congress

ISAM NExT will be presenting symposium on theme “The Future of Addiction Medicine” there are 5 ISAM NExT members who will be presenting on diverse topics of ICD-11 (Nosology of Addiction Medicine)-Dr Jiang Long; Digital Technology & Addiction Medicine- Dr Jenna Butner; Advances in Addiction Neurosciences- Ms Parnian Rafei; Artificial Intelligence in Addiction Medicine- Dr Narasimha VL; Role of lifestyle medicine approach for recovery in Addiction Medicine- Dr Mitika Kanabar

### B. ISAM NExT participation in ISAM GEN Webinar

Dr Jenna Butner, Dr Hossein Ardabili and Ms Parnian Rafei actively contributing to ISAM GEN Talk Series on “Scientific Methods in Global Surveys”

### C. Social Media: ISAM NExT social media handles promoting ISAM events actively including upcoming ISAM 2021 Virtual Congress and events for SIGs and Committees

### D. Gender & diversity in Addiction Medicine: Approved Global Survey Protocol, the data collection will start soon.

### E. International Networking:

1. Third Jt. Webinar between ISAM NExT & NECPAM will be on the theme “Advances in Neurosciences” and will be present by ISAM NExT members (Parnian Rafei, Mehdi Farokhnia, Serenella Tolomeo, Katrine Melby) in April 2022
2. Dr Bhad, Chair, ISAM NExT will be participating in EUROPAD 2021 at Grenoble, France (19-21 Nov 2021)
3. Dr Achab, co-chair, ISAM NExT participated in WHO global event on “Transforming Mental Health Systems”

### F. Publications:



1. "Epidemiology of drug use in the Eastern Mediterranean Region (EMR): Opening Pandora's Box: Tramadol, Captagon and Khat use" is accepted for publication in BJPsychInternational
2. ISAM NExT paper on "Public Health Approaches and Policy Changes after the inclusion of Gaming Disorder in ICD-11" is now accepted for publication in BJPsychInternational
3. The paper titled "Harm reduction and abstinence-based models for treatment of substance use disorders during COVID-19 pandemic: A global perspective" is under revision
4. Primary data collection for paper "International perspectives on opioids use and misuse" is complete. The data will be analyzed and paper will be submitted to journal before deadline.
5. The paper on "An online global survey on assessment of the scope and needs related to standardized training, research opportunities and mentorship in addiction medicine among early career addiction medicine professionals" is final stage before publication.

## APPENDIX 15: 2021 Regional Council Report – G Bunt & H Ehktiari

Regional Council's Mission is to promote a broader international ISAM representation and audience actively participating in the field of addiction medicine consistent with ISAM's mission and priorities for regional development.

Expand membership and advance the recruitment of individual members and ISAM Affiliates

Enhance inter-collegial communications facilitated by the newsletter and Journal and interest Groups.

Elevate the global standard of addiction medicine through regional conferences, the ISAM examination and Global Networking.

### Affiliate Societies to date:

AFFILIATE SOCIETIES	# of members
<b>North America</b>	
American Academy of Addiction Psychiatry (AAP)	900
American Society of Addiction Medicine (ASAM)	5000
Canadian Society of Addiction Medicine (CSAM-SMCA)	500
<b>Central America</b>	
<b>South America</b>	
Argentine Psychiatric Association ( ArISAM)	12
<b>Europe - western</b>	
Addiction Society of Netherlands (VVGN)	197
Icelandic Society (SAA)	13
Swiss Society of Addiction Medicine (SSAM)	150
<b>Europe - east</b>	
<b>Asia - east</b>	
Indonesian Addiction Psychiatric Organization	30
Japanese Society of Alcohol-Related Problems (NCBI)	280
Korean Academy of Addiction Psychiatry (KAAP)	280
Addiction Medicine Association of Malaysia (AMAM)	200
Addiction Medicine Association of Malaysia - AMAM	200

Philippine Society	12
<b>Asia- west</b>	
Addiction Psychiatry Society of India (APSI)	44
<b>Middle East, Eastern Mediterranean and North Africa</b>	
Addiction Section, Egyptian Psychiatric Association (AEPA)	30
Iranian Institute for Science and Technology of Addiction (ISTA)	60
Israeli Society of Addiction Medicine (ILSAM)	280
<b>Oceania</b>	
Royal Australian and New Zealand College of Psychiatrists, Faculty of Addiction Psychiatry (RANZCP)	450

### APPENDIX 3: 2020 Financial Statements on webpages

### Appendix 4: Registration Bursaries 2021

NIDA Selection

Name	Country	Title
Sudheendra HUDDAR NIDA	India	Tele-addiction services in resource-poor settings: An experience from India during the early stages of the COVID-19 Pandemic: Wave 2
Serenella TOLOMEO NIDA	Singapore	Blunted Within-System and Increased Between-System Brain Abnormalities in Binge Alcohol Drinkers

65 Registration Bursaries were approved