Old Questions:

132. In the workplace, which of the following substances can be tested in the urine for more than 3 weeks after last use?
   a. Phencyclidine
   b. Methadone
   c. Diazepam
   d. Cannabis

   Answer: d  Page 298, 301  Principles 4th Edition

133. Which of the following medical specialties is at particular risk with the synthetic opioid fentanyl?
   a. Internal Medicine
   b. Anesthesiology
   c. Psychiatry
   d. Neurology

   Answer: b  Page 533  Principles 4th Edition

134. An ideal physicians’ health program should include:
   a. No legal consideration
   b. Severe punishment for addiction.
   c. A physician advocacy program that protects the public.
   d. Absence from practice for at least 6 months

   Answer: c  Page 1200  Lowinson 4th Ed or
            Page 614  Substance Abuse Treatment 4th Ed

135. An impaired physician is primarily characterized by which of the following features?
   a. Takes illicit drugs
   b. Is under investigation following a patient’s complaint
   c. Cannot practice with skill and safety
   d. Has severe financial problems

   Answer: c  Page 1187  Lowinson 4th Edition

136. Which of the following would constitute the highest risk for relapse for a nurse recovering from opiate dependence?
   a. To go back to work in the operating room
   b. To work in an intensive care unit
   c. To be put in charge of a patient unit
   d. To have access to the narcotics supply room

137. A dentist presents with weakness in the limbs and loss of balance. Which of the following drugs is he/she most likely to have abused?

   a. Hydrocodone  
   b. Ritalin  
   c. Nitrous Oxide  
   d. Crack cocaine  

Answer: c  

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138. Which of the following factors is a specific risk for a physician’s abuse of substances?

   a. Emotional problems  
   b. Stress at work  
   c. Thrill seeking  
   d. Self-treatment  

Answer: d  

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139. Which of the following features is a good prognostic factor for an impaired health professional?

   a. Access to pharmaceuticals  
   b. Family history of substance abuse  
   c. Extended practice hours  
   d. Help seeking behavior  

Answer: d  

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141. Physicians who are treated for substance use disorders in the general patient population are likely to:

   a. Become model patients who serve as good examples for others in treatment  
   b. Become the unofficial physician for the other patients  
   c. Usually drop out due to overwhelming shame and embarrassment  
   d. Experience immense relief at being able to shed the physician’s mantle  

Answer: b  

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142. Random testing of employees in the workplace setting is done by which of the following tests?

   a. Immunoassay test  
   b. Gas chromatography/mass spectroscopy (GC/MS)  
   c. Immunoassay test followed by GC/MS  
   d. GC/MS followed by the immunoassay test  

Answer: c  

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220. Which of the following is considered the most useful intervention shown to reliably reduce alcohol use among late teenagers?

   a. Advertising campaigns showing the negative consequences of alcohol abuse  
   b. Raising the legal drinking age to 21  

c. School-based education
d. Advertising campaigns showing the positive consequences of alcohol abstinence

Answer: b

221. Which of the following diagnostic criteria for pathological gambling is most common among females?

a. Needs to gamble to achieve the desired excitement
b. Has committed illegal acts to finance gambling
c. Has repeated unsuccessful efforts to control, cut back or stop gambling
d. Gambles as a way of escaping from problems or relieving dysphoria

Answer: d

222. Which of the following conditions may exclude a diagnosis of pathological gambling?

a. Psychotic episode
b. Panic disorder
c. Antisocial Personality disorder
d. Manic episode

Answer: d

223. Compared to other addictions, the following criterion is characteristic of pathological gambling:

a. Needs to gamble with increasing amounts of money
b. Unsuccessful efforts to control, cut back or stop
c. Social and occupational impairment
d. After losing money, returns another day to get even

Answer: d

224. One of the best screening tools for pathological gambling is:

a. Hamilton Gambling Screen
b. South Oaks Gambling Screen
c. Gambling Addiction Severity Index
d. Beck Gambling Screen

Answer: b

225. Which of the following features would support a diagnosis of sexual addiction?

a. A paraphilic behavior
b. The behavior’s social disapproval
c. The frequency of the behavior
d. The behavior’s negative life consequences

Answer: d