

Old Questions:

132. In the workplace, which of the following substances can be tested in the urine for more than 3 weeks after last use?

- a. Phencyclidine
- b. Methadone
- c. Diazepam
- d. Cannabis

Answer: d

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133. Which of the following medical specialties is at particular risk with the synthetic opioid fentanyl?

- a. Internal Medicine
- b. Anesthesiology
- c. Psychiatry
- d. Neurology

Answer: b

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134. An ideal physicians' health program should include:

- a. No legal consideration
- b. Severe punishment for addiction.
- c. A physician advocacy program that protects the public.
- d. Absence from practice for at least 6 months

Answer: c

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135. An impaired physician is primarily characterized by which of the following features?

- a. Takes illicit drugs
- b. Is under investigation following a patient's complaint
- c. Cannot practice with skill and safety
- d. Has severe financial problems

Answer: c

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136. Which of the following would constitute the highest risk for relapse for a nurse recovering from opiate dependence?

- a. To go back to work in the operating room
- b. To work in an intensive care unit
- c. To be put in charge of a patient unit
- d. To have access to the narcotics supply room

Answer: d

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137. A dentist presents with weakness in the limbs and loss of balance. Which of the following drugs is he/she most likely to have abused?

- a. Hydrocodone
- b. Ritalin
- c. Nitrous Oxide
- d. Crack cocaine

Answer: c

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138. Which of the following factors is a specific risk for a physician's abuse of substances?

- a. Emotional problems
- b. Stress at work
- c. Thrill seeking
- d. Self-treatment

Answer: d

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139. Which of the following features is a good prognostic factor for an impaired health professional?

- a. Access to pharmaceuticals
- b. Family history of substance abuse
- c. Extended practice hours
- d. Help seeking behavior

Answer: d

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141. Physicians who are treated for substance use disorders in the general patient population are likely to:

- a. Become model patients who serve as good examples for others in treatment
- b. Become the unofficial physician for the other patients
- c. Usually drop out due to overwhelming shame and embarrassment
- d. Experience immense relief at being able to shed the physician's mantle

Answer: b

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142. Random testing of employees in the workplace setting is done by which of the following tests?

- a. Immunoassay test
- b. Gas chromatography/mass spectroscopy (GC/MS)
- c. Immunoassay test followed by GC/MS
- d. GC/MS followed by the immunoassay test

Answer: c

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220. Which of the following is considered the most useful intervention shown to reliably reduce alcohol use among late teenagers?

- a. Advertising campaigns showing the negative consequences of alcohol abuse
- b. Raising the legal drinking age to 21

- c. School-based education
- d. Advertising campaigns showing the positive consequences of alcohol abstinence

Answer: b Page 528 Substance Abuse Treatment 4th Edition

221. Which of the following diagnostic criteria for pathological gambling is most common among females?

- a. Needs to gamble to achieve the desired excitement
- b. Has committed illegal acts to finance gambling
- c. Has repeated unsuccessful efforts to control, cut back or stop gambling
- d. Gambles as a way of escaping from problems or relieving dysphoria

Answer: d Page 672-673 DSM-IV-TR

222. Which of the following conditions may exclude a diagnosis of pathological gambling?

- a. Psychotic episode
- b. Panic disorder
- c. Antisocial Personality disorder
- d. Manic episode

Answer: d Page 673-674 DSM-IV-TR

223. Compared to other addictions, the following criterion is characteristic of pathological gambling:

- a. Needs to gamble with increasing amounts of money
- b. Unsuccessful efforts to control, cut back or stop
- c. Social and occupational impairment
- d. After losing money, returns another day to get even

Answer: d Page 671, 674 DSM-IV-TR

224. One of the best screening tools for pathological gambling is:

- a. Hamilton Gambling Screen
- b. South Oaks Gambling Screen
- c. Gambling Addiction Severity Index
- d. Beck Gambling Screen

Answer: b Page 493 Lowinson 4th Edition

225. Which of the following features would support a diagnosis of sexual addiction?

- a. A paraphilic behavior
- b. The behavior's social disapproval
- c. The frequency of the behavior
- d. The behavior's negative life consequences

Answer: d Page 508 Lowinson 4th Edition